



STARTERS

LITTLE BITES, BIG FLAVOUR

Mixed Olives & Artisan Bread (VE, GFO)	£6.95
<i>A rustic selection of marinated mixed olives & artisan bread served with olive oil and balsamic dip.</i>	
Halloumi Heatwaves (V)	£7.45
<i>golden halloumi bites, crisped to perfection, served with a sweet and fiery chilli jam.</i>	
Ham & Peas Frittata Fritters	£7.95
<i>cheesy pasta, ham & peas encased in a crispy batter, served with salad & garlic aioli</i>	
Firecracker Sticky Wings (GF)	£7.95
<i>chicken wings coated in our house spices, honey & sriracha glaze</i>	
Corn ‘n’ Jalapeño Fritters (VE)	£7.45
<i>crispy corn and jalapeño fritters served with sweet tamarind chutney</i>	
Punjabi Amritsari Catch	£8.45
<i>Crispy fish bites coated in amritsari spice blend, paired with a tangy mango-mustard chutney</i>	
Forest & Farm Arancini	£7.95
<i>mushroom, chicken and cheese risotto balls, served on a vivid beetroot purée and asparagus</i>	
Quack Bao Bun (GF)	£9.50
<i>Fluffy bao bun filled with hoisin-glazed duck, crunchy veg and a hint of tamarind & chilli</i>	
Burrata Garden Bloom (V, GF)	£13.95
<i>tomatoes, fresh greens, parmesan shavings and creamy burrata drizzled in basil oil</i>	
Classic Caesar (GFO)	£11.95
<i>Crunchy romaine, garlic croutons, anchovies & parmesan in a creamy Caesar dressing.</i>	
<i>Add grilled chicken or halloumi +£5.95</i>	

Stay Connected
Follow us on Instagram:
@frogbidford
Like, comment, share, and tag us
in your special moments!



SIDES & SNACKS

Chunky Chips	£5.95	Cheesy Jalapeño Chunky Chips	£7.25
French Fries	£4.95	Cheesy Garlic Bread	£6.95
French fries with pesto & parmesan	£6.25	Cheesy Dough Balls with Nduja & Honey	£7.25

DIPS – 99P EACH

Mint | Curry Mayo | Nduja Aioli | Garlic Aioli | Tartare Sauce | Mango-Mustard Chutney | Tamarind Chutney

PIZZA & BURGER

STONE-BAKED & STACKED

Margherita Magnifica (V)	£13.00
<i>The Italian classic: tomato base, creamy mozzarella and a flourish of fresh basil</i>	
Etna Pizza	£14.95
<i>Tomato base mixed with fiery nduja, red chilli and mozzarella</i>	
Burrata Bliss Pizza	£14.95
<i>Tomato base, Parma ham, rocket, parmesan and luscious burrata</i>	
Pepperoni Perfection	£14.50
<i>pepperoni with melted mozzarella and a whisper of oregano.</i>	
Garden Fire Pizza (VE)	£14.95
<i>roasted peppers, onions, broccoli and courgette on a tomato base, finished with vegan cheese.</i>	
Veggie Power Burger (V)	£14.95
<i>Golden veggie patty, cheese, onion ring & salad in a soft brioche bun, served with fries.</i>	
The Frog Classic Beef Burger	£14.95
<i>Juicy beef patty, onion ring, fresh salad and tomato in brioche with fries.</i>	
<i>Add bacon +£1.45 Add cheese +£1.45</i>	

MAINS

HEART OF THE FROG

Fish & Chips – Small / Large	£13.95/ £17.95
<i>Crispy battered fish with golden chips, mushy peas, tartare sauce & fresh lemon – the British classic, done right</i>	
Confit Duck Leg (GF)	£17.95
<i>Slow-cooked duck leg in rich duck fat, served with a jus reduction, green beans, red onion, sun-dried tomato, and creamy mash</i>	
8oz Rib-Eye Royal (GF)	£23.95
<i>28-day aged ribeye steak grilled to your liking with salsa verde, roasted tomato, onion, salad & golden chips.</i>	
Green Goddess Lasagne (V)	£17.95
<i>Layers of spinach and ricotta in tomato sauce, creamy bechamel, smoked cheese & pesto</i>	
Gnocchi by the Sea (GF)	£18.95
<i>Pillowy gnocchi with king prawns, curly asparagus, cooked in a velvety courgette purée, drizzled in basil oil.</i>	
Sicilian Sunshine (VE)	£16.95
<i>penne pasta with rich tomato sauce, fried aubergine and a swirl of basil pesto.</i>	
Goan Prawn Escape (GF)	£18.95
<i>Juicy prawns in a spiced Goan coconut curry, served with fragrant coconut rice.</i>	
We’ve added a discretionary 10% service charge – thank you for supporting our wonderful team. Have allergies or dietary needs? Just let one of our friendly team know – we’re happy to help.	
V – Vegetarian / VE – Vegan / GF – Gluten Free / GFO – Gluten Free Option available	
* Please inform our staff of any allergies or dietary requirements before ordering. *	

DESSERTS (SWEET ENDINGS)

Tropical Sticky Bliss (V, GF)	£7.45	Ultimate Chocolate Brookie Bash (V)	£7.95
<i>Mango & lemon-mint sticky pudding served warm with mango sorbet</i>		<i>A heavenly mashup of fudgy brownie and soft, chewy cookie, served warm, topped with a vanilla ice cream.</i>	
Blueberry Dream Semi-Freddo (V, GF)	£7.95	Cheesecake Crumbleof the day (V)	£7.95
<i>blueberry cream delight, a chocolate brownie base, and glossy dark chocolate</i>		<i>layers of buttery biscuit crumble, smooth whipped cream cheese, and a burst of seasonal fruit or luscious fruit purée on top</i>	
Spanish Street Churros (V)	£6.95	Ice Cream Bar (V, GFO)	£2.75 per scoop
<i>Crispy churros dusted with cinnamon sugar, served with Nutella dip.</i>		<i>Vanilla Chocolate Salted Caramel Mango Sorbet Strawberry Vanilla (VE)</i>	